



Local Business

Local Business is a free write-up for businesses that are new, have moved, or just doing or have done something worth a mention. If you know one, or are one, drop us a line at vmagic@bmmag.com.au and let us know.

1. Tania Hubbard - Gluten Free Grain Free

Sunshine Coast business Gluten Free Grain Free Company recently had more than 150 people gather at a Red Carpet high tea event to celebrate the launch of their fresh new range of specialty cake mixes. Tania Hubbard, the company's co-owner and author, said she was thrilled to have Sunshine Coast Mayor, Mark Jamieson on the scene to launch the mixes and showcase some of the new flavours: chocolate, strawberry and Italian date and cinnamon cake. The latest additions will be available to food service industry businesses, allowing selected cafes throughout Australia the opportunity to bake gluten-free, grain-free, nut-free and dairy-free cakes on-site and allow their customers a great allergy-friendly alternative. For more information or to purchase the new cake mixes, visit www.glutenfreegrainfree.com.au

2. Rose's Tooway Hot Bread Bakery

Owner Nathan Rose and the team at Moffat Beach's Rose's Tooway Hot Bread Bakery pride themselves on producing only the finest freshly baked products of the highest quality for their valued customers alongside a delightful, friendly service from their team. With 19 years experience with Tooway Hot Bread Bakery, retail manager Louise is a well-known local, and in conjunction with the highly experienced baking team, they use only the best local ingredients available to produce their vast range of appetising breads, pastries and pies daily. The bakery now offers barista made coffees using Piazza D'Oro's sustainable coffee to deliver a consistently exceptional espresso that coffee connoisseurs will appreciate. The coffees, accompanied by the scrumptious baked goods, can offer a pleasant eat-in meal or takeaway for those on the go!

Open daily at 5am
Ph 5492 5566

3. The Parenting Centre

In 2009 local Maleny resident Dr Bob Jacobs opened the doors to The Parenting Centre. Dr Bob's entire working career has been fulfilled by working as a child advocate, establishing a strong reputation as a quality provider of psychology, mediation and family law services for families, parents and individuals. The Parenting Centre provides a comprehensive resource dedicated to advocating for children by supporting parents with counselling, parent workshops, training

for professionals, mediation and parenting plans, family reports and additional help. In 2010 Dr Bob published his first book *Perfect Parents, Perfect Children: Changing the World by Celebrating our Perfection*, which looks at changing perspectives and provides specific ideas on children and parenting. The Parenting Centre runs FREE monthly workshops for parents. For more information contact info@theparentingcentre.com.au or phone **5435 2504**.

4. Set Sail Cruises at The Yacht Club

There is a new way to enjoy the Sunshine Coast from the water. Set Sail Cruises offers residents and visitors of the Sunshine Coast the opportunity to experience sailing on a Tasman C35 catamaran. Up to 20 passengers can enjoy the experience of sailing along the Sunshine Coast's beaches. Passengers can be hands on, hoisting the sails and having a turn at the helm, or just relaxing on the lounge seating, waterproof bean bags or the nets on the foredeck. Cruises depart daily from the Yacht Club 33-45 Parkyn Parade, Mooloolaba at 10am, 12pm and 2pm (\$20), with the option of a sunset cruise at 4pm (\$25) on Saturday and Sunday. Pick up a boarding pass from the bar at the Yacht Club to reserve your place on board. The catamaran, complete with skipper, is available for private charter starting from \$295 (around \$15 per person for a group of 20). This makes Set Sail Cruises an ideal way to celebrate a special occasion with family and friends. For more information visit the website: www.setsailcruises.com.au or phone **Brian Pearson on 0449 759 832**